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The risk of loss in trading can be substantial. You should therefore carefully consider whether such trading is suitable for you in light of your financial condition.

If you purchase or sell Equities, Futures, Currencies or Options you may sustain a total loss of the initial margin funds and any additional funds that you deposit with your broker to establish or maintain your position. If the market moves against your position, you may be called upon by your broker to deposit a substantial amount of additional margin funds, on short notice in order to maintain your position. If you do not provide the required funds within the prescribed time, your position may be liquidated at a loss, and you may be liable for any resulting deficit in your account.

Under certain market conditions, you may find it difficult or impossible to liquidate a position. This can occur, for example, when the market makes a "limit move." The placement of contingent orders by you, such as a "stop-loss" or "stop-limit" order, will not necessarily limit your losses to the intended amounts, since market conditions may make it impossible to execute such orders. By purchasing the Forex Profits program, you acknowledge and accept that all trading decisions are your own sole responsibility, and the author, Jeffrey Wilde and anybody associated with Forex Profits cannot be held responsible for any losses that are incurred as a result.

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IMPORTANT NOTE!

As an Unadvertised Bonus I have decided to give you free course upgrades. You will also receive trading tips, articles and lessons to further increase your trading skills.

To receive these upgrades, you will need to go to this web page and simply fill out your name and email:

<http://tinyurl.com/fp3bw>

Introduction:

I would like to personally welcome you to “Forex Profits”. You have made a very wise decision to purchase this program out of the hundreds that are available. It is easy to learn and best of all free of highly subjective and overly complicated strategies. As an added bonus it is also free of the outrageous price tags that are charged. You will soon learn that it’s not what you pay for a program, rather how easy it is to learn and how effective it is.

Let’s face it, the only reason you are reading this is because you want to make money in the forex markets. **Preferably huge amounts!**

You did not buy this to be bogged down in my life history or all the trials and tribulations of how I created this program. The bottom-line is that you want results now, not months or years from now.

With that in mind I am truly going to cut out all the B.S. and usual filler you find in other programs. **I am only going to provide you with what you need to know to get started within hours.**

If you are new to trading and unfamiliar with basic things like how to place orders or the definition of something, then I would recommend you ask your broker or get the answer online. There is a ton of free info online that will give you all the basics.

Finally, this program is not complicated and is really very simple to learn. With that said, I would still **HIGHLY RECOMMEND** that you still paper-trade it for at least a week. There will always be great trades setting up just about everyday, so don’t be in a hurry!

If you are new to trading then I urge you to start out small. You can do this by trading the mini-forex contracts. Even if you have a lot of money in your account, I would still recommend you begin with the mini contracts. Inevitably all new traders starting out will make typical “rookie mistakes”, like placing a buy order when they meant to sell.

It’s far better to make your mistakes at a lower cost level as it is much less painful, both financially and emotionally. Trust me on that one!

To your success! *Jeffrey Wilde*

Chapter 1 Getting Started



Click here for a “Getting Started” Video:
<http://fastforexprofits.com/forex-welcome.html>

The strategy taught in this program can be used to day-trade any of the currencies. It can also be used on any time-frame from 5, 15, 30, 60 minute to 4 hour bars. You can also use it on tick charts.

NOTE: Even though it will work on the faster time frames like 5 and 15 minute charts, I would recommend using the 30, 60, 90 or 120 minute charts. Despite the fact that the currencies are known to trend, on an intraday basis they have a lot of “noise” and choppiness. This can cause over trading and get you stopped out more.

To start you will need to set your charts up as follows in the diagram below.



The program uses an ultra-simple and yet highly profitable setup. The top part of the chart uses “**Candlestick Bars**” and the lower part has a “**MACD**” Indicator. The MACD has the following settings: **(12, 26, 9)** **THAT’S IT!!!** Nothing more is needed.

Chapter 2 For Novices Only

This chapter is a quick overview for brand new traders only. Below you will learn about the core building block of the methodology which is a “**Candlestick Bar**”. They are also known as “**Japanese Candlesticks**”.

Candlesticks show the history of what a currency did during a particular time period. For example if you are using a 15 minute candlestick bar, then the candlestick **would show all of the following** important info that occurred in that 15 minute time-frame.

High – This is the highest price the currency reached during the 15 minute period.

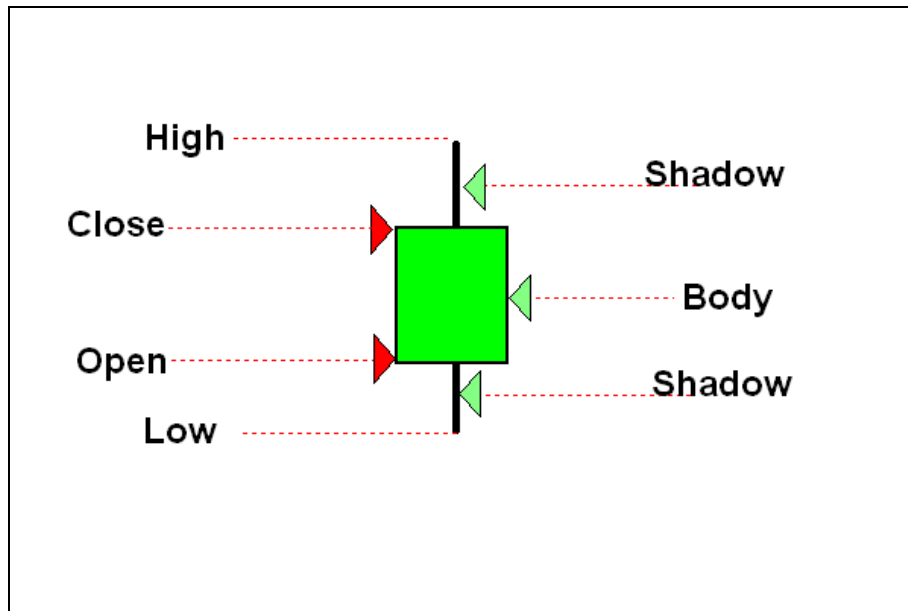
Low – This is the lowest price the currency reached during the 15 minute period.

Open – This is the first price the currency traded at for this 15 minute period.

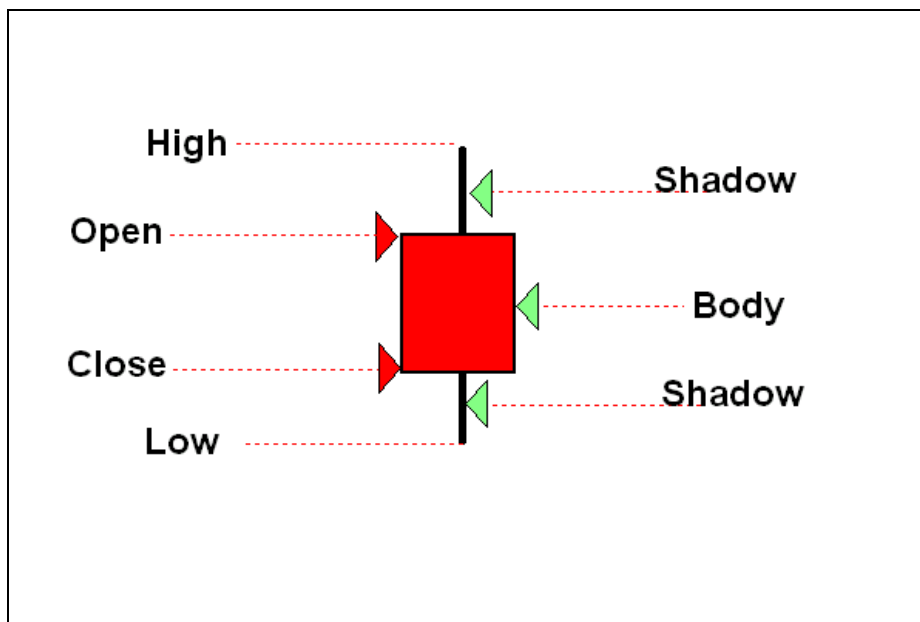
Close – This is the final price the currency traded at for this 15 minute period.

Candlestick analysis has filled many books with all kinds of information and strategies. In my years of experience I find much of it too subjective so I am only going to show you what you need to help pull money out of the markets.

There are 2 basic parts of the candlestick you need to be concerned with.
The BODY & SHADOW (see diagram below)



Bullish Candlestick: In the diagram notice that the closing price is higher than the opening price. When this occurs this is called “bullish” as it indicates that for that time period the buyers were in control.



Bearish Candlestick: In the diagram notice that the closing price is lower than the opening price. When this occurs this is called “bearish” as it indicates that for that time period the sellers were in control.

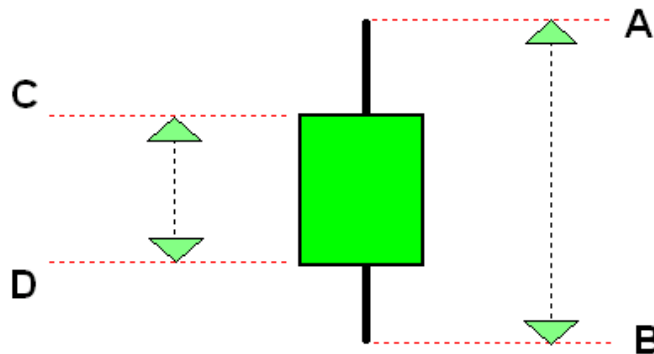
Chapter 3 The Forex Profits Strategy

STEP 1 - Look for the “Setup Bar”

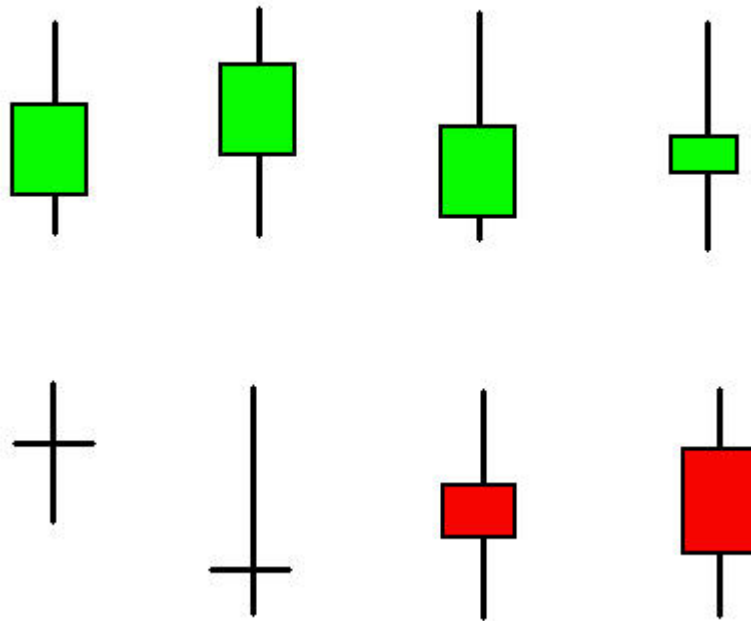
A “setup bar” must meet the following criteria:

The body of the candlestick as measured from point “C” to point “D” cannot total more than 50% of the total length of the candlestick as measured from point “A” to point “B”

So, for example... Say from point “A” to point “B” measured 20 pips. Then from point “C” to point “D” can’t be greater than 10 pips.



NOTE: The same requirements apply to red(bearish) candlesticks as well.



SETUP BAR EXAMPLES: Above you will note a variety of different candlesticks. At first glance they will all appear different from each other. What they all have in common is that the range of the body is 50% or less of the total length of the candlestick.

The important thing to remember is that the color of the candlestick or the location of the body doesn't matter. The only thing that does matter is that the body is 50% or less of the total candlestick length.

IMPORTANT! Don't get hung up on measuring these bars. I know it doesn't sound very technical, but just eyeball the bar. Once you get used to looking at these setup bars, you will be able to quickly judge whether they qualify or not.



Click here for more info on the setup bars:
<http://www.fastforexprofits.com/forex-md-setup-explain.html>

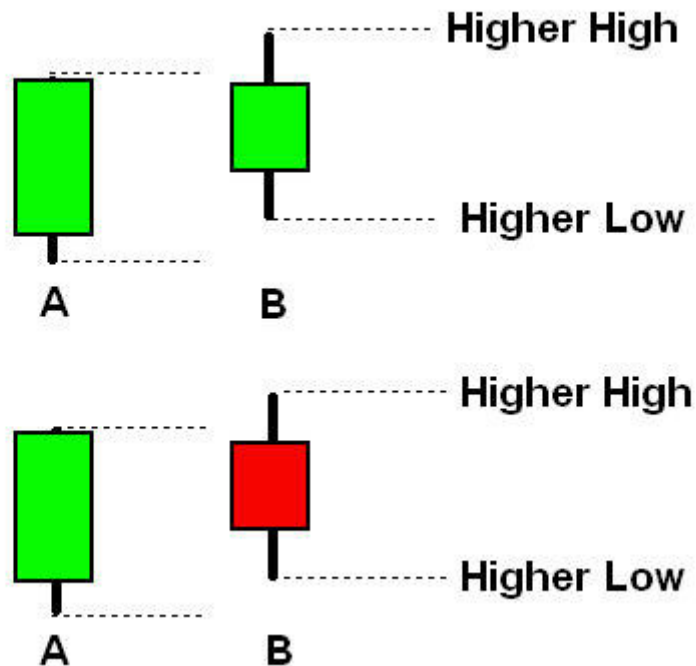
STEP 2 - Look for the Trade Confirmation Signal

Once we have located a valid setup bar, then we need to go to Step 2 which is to find a Trade Confirmation Signal.

This is very quick and easy to do!



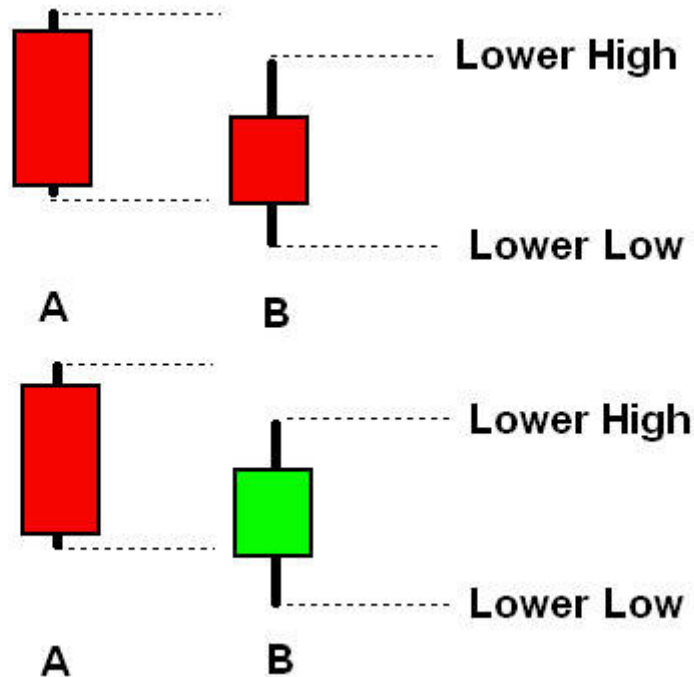
For a BUY setup the “setup bar” must have a higher high and higher low compared to the bar to its immediate left - then we have our trade confirmation signal.(see diagram below)



NOTE: To qualify as a valid buy setup, it doesn't matter whether the ‘setup bar’ is green or red as long as it has a higher high and a higher low!



For a SELL setup the “setup bar” must have a lower high and lower low compared to the bar to its immediate left - then we have our trade confirmation signal.(see diagram below)

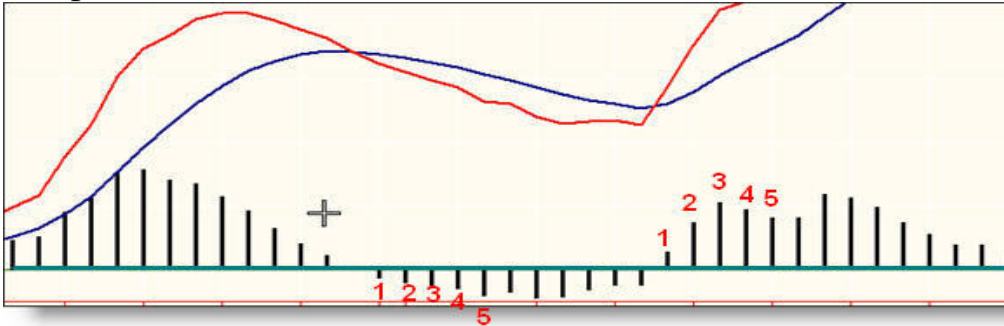


NOTE: To qualify as a valid sell setup, it doesn't matter whether the ‘setup bar’ is green or red as long as it has a lower high and a lower low!

STEP 3 - Look for the Trend Confirmation

Once we have gone through the first 2 steps we want to make sure we are trading with the trend. The way we do this is 100% mechanical and super easy to apply.

To find the trend we want to have 5 “histogram bars” above the zero line to have a buy setup or have 5 “histogram bars” below the zero line to have a sell setup.



In the above diagram we can see the MACD indicator. When 5 “histogram bars” are above the green line it considered a bullish sign and that tells us we want to only look for buy setups. When the 5 “histogram bars” are below the green line it considered a bearish sign and that tells us we want to only look for sell setups.

IMPORTANT! If the setup bar occurs at the same time that the 5th histogram bar does, then you can enter on that bar. In other words you don't have to wait until you have 5 histogram bars and then look for a setup bar.

Note in the above diagram that the market can oscillate above and below the green line (a.k.a. – zero line) The more it does this the weaker the trend in the market.

In some cases you may for example see 2 “histogram bars” above, then 3 below and then 1 above etc. This is shows extreme choppiness and you cannot do anything until you have 5 consecutive bars. **Here is an instructional video to highlight this:** Click Here:

<http://www.fastforexprofits.com/forex-chopy-market-tips.html>

Forex Profits Strategy Recap:

1. Find setup bar (pages 8-9)
2. Look for trade confirmation signal – Higher high and higher low for buy setups and lower high and lower low for sell setups (pages 10-11)
3. Use MACD to confirm you are trading with the trend (page 12)



IMPORTANT NOTE!

Once you have 5 MACD histogram bars above the zero line you will stay with the buy setups until you have 5 consecutive MACD histogram bars below the zero line.

Let me go into a bit more detail just to make sure you are clear. There will be times where you see 5 bars above the zero line and then you get a few bars below the zero line and then perhaps a few more above. When this happens you still should only look for buy setups.

Also another thing to point out...

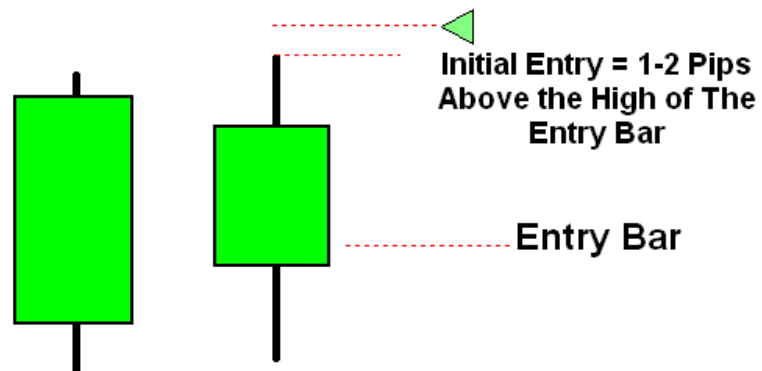
Say you have 5 bars above and then 2 below. You wouldn't need to get another 5 consecutive bars above zero to have a valid setup. This is because you already established the initial up trend when the 5 consecutive bars went above zero.

The same concept is true for a down trend. Once you have 5 consecutive bars below the zero line, then you can't go long until you have 5 consecutive above the zero line.

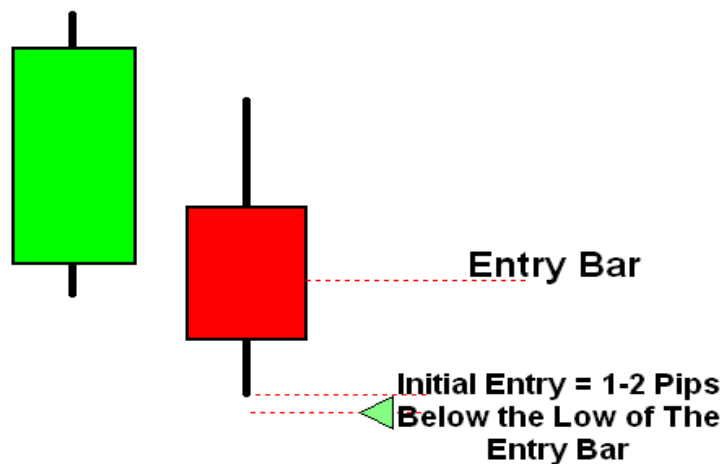
Chapter 4 Where to Enter the Trade

Once you have identified a trade then the next thing to do is determine your entry level.

For a buy setup, you are going to be entering 1-2 pips above the high of the entry bar. (See the diagram below)



For a sell setup, you are going to be entering 1-2 pips below the low of the entry bar. (See the diagram below)

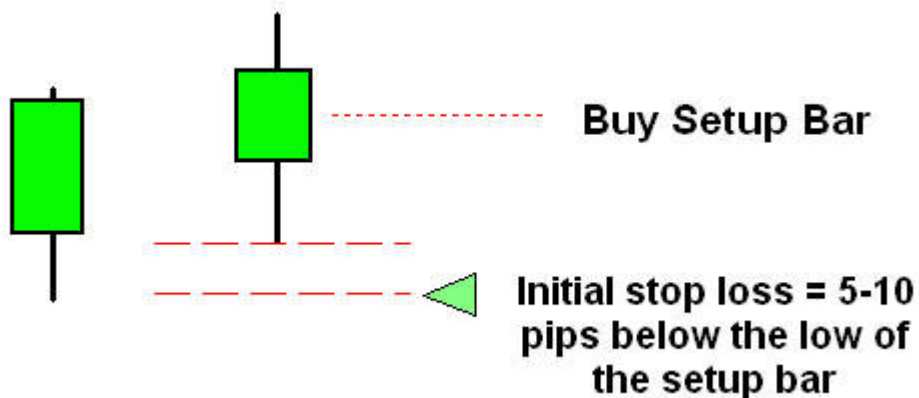


Chapter 5 Initial Protective Stop-Loss Order

The minute your initial trade entry order gets filled, you want to place a protective stop loss order.

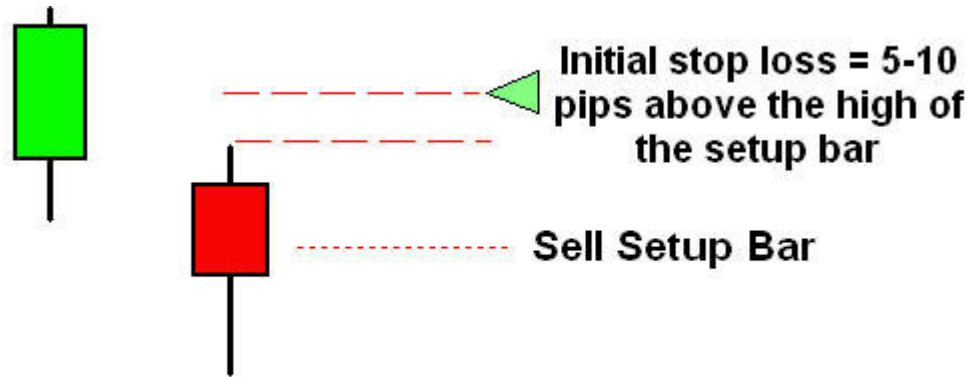
IMPORTANT: Placing a stop loss order is vital as it at least can give you some protection if the market makes a rapid turn around against your position.

For a buy setup, you are going to be placing your protective sell top loss order, 5-10 pips below the low of the entry bar.



If you are a buyer (going long) in the market, then your initial stop loss order would be what is called a “sell stop”. This means that if the markets drops down to the pre-determined level as dictated in this program, then the “sell stop order” becomes a market order and you are automatically taken out of your long position.

For a sell setup, you are going to be placing your protective buy stop loss order, 5-10 pips above the high of the entry bar.



If you are a seller (going short) in the market then your initial stop loss order would be what is called a “buy stop”. This means that if the markets rises up to the pre-determined level as dictated in this program, then the “buy stop order” becomes a market order and you are automatically taken out of your short position.

The reason I give a range of 5-10 pips is that every trader has a different risk tolerance level. Some want to keep their initial risk as small as possible and others are comfortable with greater risk.

A IMPORTANT NOTE: In trading there is always a positive and negative aspect to everything. If you keep your stop too close to your entry level, then your odds are greater that the market makers can temporarily reverse the market against you to hit your stop. This will trigger your stop loss and take you out of your position with a loss.

On the other hand if you have a stop further away from your entry point then you will not get stopped out as much. On the other hand if your stop is bigger then you will lose more when you are wrong.

***Because the forex markets can have some wild price swings intra-day, I would lean more towards allowing a 10 pip stop off the high/low of the entry bar.

VERY IMPORTANT: Your total risk is based on the distance between your entry price and your stop loss price. The bigger the entry bar, the bigger the risk will be. If the risk is too much then simply wait for a setup that has a smaller entry bar.

Chapter 6 How to Gain Maximum Profits

The only way to really make big profits trading is to consistently practice the old trading saying, *“Let your profits run and cut your losses fast”*.

Well unfortunately for most traders this is way easier said than done. This is usually due to any of the following 3 reasons.

- They really don't have a concrete plan for where to get out.
- Once they enter all logic goes out the window and is replaced by fear and greed.
- They bail out of winning trades way too early ending up with small profits and... They become paralyzed when facing a losing situation and as a result can't exit the trade and therefore end up with a big loss.

In this chapter I am going to show you how to ride your winning trades up without any second-guessing or agonizing where to get out.

EXIT STRATEGY 1: One simple way to exit a trade is to look for the big numbers nearby. What I am referring to is big round numbers like .7800, .7750, 1.3400, 1.3450 etc. These numbers are like a magnet to the markets and many moves will end up at these levels.

So... The whole idea is to look at what big numbers are nearby and exit your position when you get close to them. For example, say you entered a long position at .7760, then you would try to ride up to .7800 as there is a high probability that it will reach that level. **To view an instructional video on this technique: Click here:** <http://www.fastforexprofits.com/forex-big-number-exits.html>

The best way to trade is by using multiple contracts. The whole idea is that each time you hit a big number you would sell off one contract. If you are going long then what you would do is ... Sell 1 at .7700, 7750, 7800 etc. If you are going short at 1.3440 for example, then you may buy back a contract at: 1.3400, 1.3350 and 1.3300 etc.

EXIT STRATEGY 2: Rather than try to explain in writing I will explain in a video that you can watch on your pc. **To view:** <http://www.fastforexprofits.com/forex-macd-exit.html>

Observe how often the market had a big bounce at one of the horizontal lines on this 60 minute EUR/USD chart. (These lines are at 1.1950, 1.2000, 1.2050, 1.2100, 1.2150, 1.2200, 1.2250 and 1.2300) These levels besides being good places to exit, also form key support and resistance points in the market.



Tip for exiting for maximum profits. If you are a buyer in the market, it is always better to sell in a rising market; if you are going short in the market it is always better to be buying back your position in a falling market. Let me explain that another way. Say you are a buyer and your plan is to get out at the 7800 level. If the market is rising quickly towards that level and near say 7795-7797, then that can be a good time to sell your position with a market order. When the market is heading in your favor you can end up with a thing called “positive slippage”. This is where you get filled at a better price than you expected due to the momentum of the market in your favor.

Exiting in the above fashion is what professional traders do and considered to be “proactive”. On the other hand amateur traders will react to the markets. For example they will wait to exit only when the price hits their target. What often happens is that the professionals have been selling into this level and this causes a rapid decline and therefore “negative slippage” for that amateur trader. Also the amateur will end getting caught by surprise as they didn’t expect the rapid sell-off and as a result get out at a much worse price than intended, say 7890 for example.

Chapter 7 Trade Setup Examples

I am going to include 12 trades in a row off of a EUR/USD 60 minute chart. This is very significant because most trading books “cherry pick” only the good trades. By including every trade that happened, we will get to see the true nature of this system.



Trade 1: The reality of trading much of the time is that before a trade goes in our favor, it will go against us slightly and take awhile to gather momentum in our favor.



Trade 2: This first short trade went down about 30 pips and had a quick reversal to the upside. We eventually locked onto a trade in the up direction. This trade immediately went in our favor but would have caused a breakeven trade unless we were using a bigger initial trailing stop.



Trade 3: Note on this chart there was a small swing high at point “A”. Sometimes it is better to put a stop loss about 5 pips beyond the swing high as an initial stop loss. This trade took awhile to break down, but turned out to be a big winner.



Trade 4: This one did a great job of trading with the trend.



Trade 5: Note how quickly the system identified an up trend after a strong sell off on the left of the chart.



Trade 6: Unfortunately not every trade is going to cooperate!



Trade 7: This sell setup is as good as it gets. It had a strong follow through.



Trade 8: This is a similar situation to trade #3 where I mentioned that if you have a swing high/low near by that it is better to put the stop off of that level. In this example we had a swing low at point “A” and you can place a stop about 5 pips below. This trade also showed the reality of trading. Even though it eventually went our way, it took a long time and had a lot of mini sell offs against our position.



Trade 9: This is another trade where it would pay to place your initial stop loss above the swing high shown at point “A”.



Trade 10: Here is another prime example of how a trade can have a series of ups and downs as it climbs in our favor.



Trade 11: Here is a trade that went onto produce some large profits but notice how long it took to get going. Once again the reality of trading is that things often take way longer than anticipated to unfold in our favor. Successful trading requires a lot of patience!!!



Trade 12: Here is another example of how we can get a signal in one direction and the lock into the new trend very quickly.

They say that a picture is worth a thousand words, so I figure a video must be worth at least ten thousand words. Anyway...

Here are 5 videos that will discuss many of the concepts in finer detail.



Click here: <http://www.fastforexprofits.com/forex-12-ex.html>



Click here: <http://www.fastforexprofits.com/forex-120-ex-2.html>



Click here: <http://www.fastforexprofits.com/forex-120-ex-3.html>



Click here: <http://www.fastforexprofits.com/forex-120-ex-4.html>



Click here: <http://www.fastforexprofits.com/forex-120-ex-5.html>

Chapter 8 Most Active Trading Hours

The best time to be trading the Forex markets is when they are most active throughout the world. This will create high volume which also causes a lot of volatility and liquidity. **Volatility** is the key to explosive moves, which is what we want. **Liquidity** is what allows us to easily and quickly enter or exit the markets

There are many forex currency pairs, but the primary pairs traded are EUR/USD, GBP/USD, CHF/USD, USD/JPY, USD/CAD, EUR/JPY, and EUR/GBP.

- The primary trading time periods are when London opens at 2:00 am EST. until 5:00 am EST.
- The next time period is at the New York open at 8:00 am EST until 11:00 AM EST.
- The final best session is during the Asian Session which begins at 6 pm EST. until 8:30 pm EST.

The following chart compares GMT time zone to New York Time zone based on Daylight Savings Time (DST) **The following chart shows the most active trading periods for each major currency.**

PAIR	AM	NEW YORK TIME	PM
JPY		7pm - 4 am	
		1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11	
AUD		6 pm - 2am	
		1 2 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11	
CHF		2am - 11am	
		1 2 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11	
EUR		2am - 11am	
		1 2 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11	
GBP		3am - 11am	
		1 2 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11	
USD		8am - 4pm	
		1 2 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11	

Chapter 9 Frequently Asked Questions

Q: I have noticed that sometimes we don't hit our entry level until several bars later. How many bars later is it acceptable to still enter.

A: If your entry level doesn't get hit after 5 bars then let the trade go and move on.

Q: How many currency pairs can I watch?

A: To start I would say no more than one or two. As you get really comfortable and are making money you could watch three or four. That should be more than enough and present ample trade setups.

Q: I don't understand how to place orders?

A: Call your forex broker and ask for some help in this area. They should be more than happy to help as it is their best interest to make sure you can trade properly.

Q: How long should I paper-trade for?

A: I would say that you should make it a goal to go a whole week with steady profits. No this doesn't mean you can't have any losers, just that overall you want to be profitable for that week.

Q: I have noticed that my broker has a demo account. Should I use this?

A: Yes!!! The demo account is like advanced paper-trading and gives you a much more realistic feel for trading.

Q: Can I use other indicators?

A: I can't stop you but why make a very simple and profitable approach more complicated? I can tell you after 15 years that simple is the best and will blow the doors off of all the high-priced software out there.

Q: What is the best time frame for day trading?

A: I have found that the 30, 60, 90, 120 and even 240 minute charts offer tremendous opportunities. They allow you too catch some really big moves without over-trading.

Helpful Resources:

Forex Brokers: My favorite broker is Pro Edge FX in Chicago. I like them because they are a smaller firm where you are not just a number. They always answer the phone right away and are happy to provide as much help as you need. This is invaluable, especially when you are just learning how to trade. <http://www.proedgefx.com/?ref=PFXE>

Computer Performance: Having a computer that is working at peak performance at all times is critical for all traders. If you don't already have a copy of Windows XP then get it a.s.a.p. as it really blows away all previous versions in terms of speed and reliability.

As good as XP is, you will find that over time the PC starts to bog down and also takes longer to start up. The bottom-line is that you can't afford to have the PC taking precious seconds to switch from one program to another when you are actively trading.

A tremendous solution is a software called... **"Snapnpopdragon"**

I have really noticed a difference in my 2 PC's. The thing I really like is that they stand by their software with a "Life of your PC" guarantee. I have personally never seen anyone do this with software before. Anyway... Take a look: <http://tinyurl.com/cpsbx>

The "True Secret" To Profitable Trading: After 15 years in the markets and having placed hundreds and hundreds of trades I can tell you with ABSOLUTE CERTAINTY that how you think will ultimately determine your success or failure.

The bottom-line is that you can have the best system in the world, but if you can't handle the stress of trading you will struggle to make a living.

Unless you can maintain rock solid discipline over your emotions, you will end up being another trading casualty.

The “Inner Game” of trading is a struggle because, when you are trading with real money, fear and greed can make you do some really stupid and costly things. (I can testify to that!)

I have come across a new program that is ideal for getting your mind into “Olympic Shape”. I personally review it on a regular basis. Anyway...

It will give you a clear step by step approach to ensure that you maintain discipline over your emotions. As a result you will trade with more confidence and way less stress. You will also develop laser like focus which can ultimately help improve your results.

I know personally that if I had this program when I was starting out that I could have avoided thousands of dollars of losses. This really is a must for any trader that is truly serious about being a success.

<http://www.tradesecrets.seventraits.com>